

November 2017

Newsletter

Closed for Staff Training

The surgery will be closed ALL day on Wednesday 15th November 2017. As part of our continuing professional development we will be staff training.

Tooth Whitening – Special Offer!

We are offering you a fantastic deal to have your teeth whitened for Christmas. We offer 2 packages:

1. Opalescence take home kit, includes custom made trays and bleaching kit
was £339 NOW **£299**
2. Opalescence Go – 10 day kit includes custom made trays
was £159 NOW **£129**

Vouchers are available if you are looking for a gift for someone special this Christmas!

November – Mouth Cancer Awareness Month

Most people have heard of cancer affecting parts of the body such as the lungs or breasts. However, cancer can also occur in the mouth, where the disease can affect the lips, tongue, cheeks and throat. Here are some facts:

- Mouth cancer takes more lives every year than road traffic accidents on Britain's roads.
- Chances of beating mouth cancer with a late diagnosis is only 50%, compared to 90% if it is caught early.
- In the UK, one person is told they have mouth cancer every 45 minutes.

Top Tip for Mouth Cancer Awareness Month

Signs and symptoms of mouth cancer include:

- Ulcers which do not heal within a three weeks.
- Red or white patches in the mouth.
- Any unusual lumps or swellings in the head and neck area.

If in doubt you should get checked out by your dentist as soon as possible.

With your help Mouth Cancer Action Month is the perfect opportunity to fight back against mouth cancer. We want everyone to be **Mouth Aware** and be on the lookout for the **signs and symptoms of mouth cancer.**

Share these facts with your family, friends and colleagues to spread awareness of mouth cancer to everyone and ensure we are all together in combating mouth cancer.

For more information visit: <http://www.mouthcancer.org/>