



## **The Essex Dental Clinic – March 2021 Newsletter and Covid-19 update**

Dear Patient,

We hope that this newsletter finds you and your families well now that Spring seems to be on its way.

### Sumayyah's Maternity Leave

As some of you already know, our lovely dentist, Sumayyah, is expecting her first baby in April. She will be going on maternity leave for 9 months from the end of this month. We would like to take this opportunity to wish her and her husband all the best at this exciting time and we will miss her laugh and singing around the practice.

We have an experienced dentist called Joe Ballantyne, who will be looking after her patients while she is on maternity leave. If any of Sumayyah's patients have any queries about their care during this time, please email the practice at [info@essexdentalclinic.co.uk](mailto:info@essexdentalclinic.co.uk)

### Dental Prevention Sessions

During March, we are continuing to run some **dental prevention sessions** giving one-to-one advice on diet and oral hygiene personalised specifically for you. It's a great break from home schooling and educational at the same time!

We will prioritise children or adults with a history of tooth decay and gum disease and those with medical conditions, such as diabetes, which have a significant effect on oral health. Please contact us on 01787 222828 if you would like to book a session. This is not exclusive to our registered patients, so if you know anyone who would be interested, we would be happy to see them.

### Outstanding dental treatment, check-ups and oral cancer screening

If you feel you need dental treatment or haven't had a check-up in the last year, please contact the surgery to arrange an appointment on 01787 222828. We are open and prioritising patients with the most urgent need.

If you have any concerns about oral cancer such as non-healing ulcers, red or white patches, suddenly getting loose teeth or unusual lumps please contact us for an urgent appointment.

### Invisalign

There has never been a better time to straighten your teeth. It is so easy to do with Invisalign and nobody even knows you are wearing braces.

Please contact us if you would like to book a consultation and we can use our outcome simulator to show you how your teeth could look.

**Best wishes, keep safe and get your vaccine.**

**Louise and the team at The Essex Dental Clinic**