



Dental Clinic

Goodbye Priyasma!

At the end of January we will be saying goodbye to our dentist Priyasma, who is leaving the Essex Dental Clinic to fulfil her dreams of travelling and raising money for a dental charity in Nepal. We wish her the best of luck in all that she does. For any patients who currently see Priyasma, you will be under the care of our new dentist Tanim Raheem, whom we very much look forward to welcoming on board in February.

Invisalign Day – 13th February

We are delighted to be able to offer our patients the opportunity to come along to our Invisalign Open Day on the 13th February, where you will get to see your unique results should you go ahead with treatment. Invisalign is a system for clear braces that will provide you with straight teeth at lightning speed. This is your chance to see just how beautiful your smile could be, for free*. (*Please speak to Reception for further details.) We look forward to seeing you!

What Does Our Practice Plan Include?

Paying monthly gives you your examinations, hygienist appointments (between two and four a year included), a huge 10% discount on treatment, a worldwide protection scheme, an annual whitening top-up, advantageous appointment spaces, free emergency appointments, and, of course, peace of mind. Join the ever-growing number of patients who are taking advantage of this brilliant service and all its wonderful benefits. Speak to Reception today for more information – it doesn't take long to set up at all, and you can cancel at any point with just a 30-day notice period. Some people are afraid of direct debits, but this really will save you money **and** keep you dentally fit.

New Year's Resolution

We all strongly believe (with the support of scientific evidence!) that prevention is better than cure when it comes to oral health. So start the New Year with a healthy smile. Get into the habit of flossing and brushing for two minutes twice every day – doing it habitually will make it second nature in the future! Drop the sugar from your tea and coffee – you'll be surprised what a difference this will make to your overall health. And of course, get those exams and hygienist appointments scheduled and in the diary!

Best wishes for a great 2020,

Louise McAllister & All the team at The Essex Dental Clinic